Dear Lindsay,

1. I confirm that I give permission for you to discuss the support I am receiving from you with <**full name of the person you would like me to share information with>.**
2. The person named above will use the following details:

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Please delete as appropriate:**

I would like you to share any information you have that is requested from you with the person named above.

I would like you to share information with the person named above that relates to my study skills support **only.**

I would like you to share information with the person named above that relates to my wellbeing **only.**